



National Training Rinks (NTR) has developed protocols in conjunction with provincial regulations in order to keep our customers and staff safe.

Please familiarize yourself with our protocols before entering the facility.

- The maximum number of people allowed on the ice surface at any given time is **10 players plus two instructors**. This usage is permitted by the Provincial Government of Ontario as part of the Control/Red Zone.
- Dressing areas will be open with a maximum of six people permitted per area at any time. Showers will be closed.
- Participants will be granted entry to the rink a maximum of 10 minutes before their scheduled ice time and must exit immediately after leaving the ice surface. You must call the office to get access to the facility.
- **There will be no spectators allowed in the facility.** Those accompanying a minor needing assistance with tying skates will be permitted to enter the facility and assist but must then exit the facility and wait in your vehicle.
- Everyone entering the facility must wear a face mask at all times. Players will be permitted to remove their face mask when they enter the ice surface but must put the mask back on once their session is finished.
- All participants and/or parents/guardians must have signed our [COVID-19 liability waiver/self-assessment](#) EACH time you enter the facility. You **will not** be granted access to the facility if the waiver is not completed.
- Social distancing must be maintained at all times on the ice surface. Players and instructors must remain a “stick length” away at all times. **Any game play or scrimmages will not be permitted.**
- All access to NTR training aides is strictly prohibited (tires, shooter tutors etc...). All users must bring their own training aides.
- Each pad will have its own gender neutral washroom for players only. The washrooms will be limited to one person at a time and will be disinfected regularly. Users must sanitize their hands outside the washroom before entering and wash their hands thoroughly after using the washroom.
- Participants must bring their own water bottle filled. There will be no access to filling stations in the dressing rooms.
- NTR’s office will remain closed to the public. All payments must be made in advance over the phone.